

Dishes and their allergen content – Muscliff Primary School

Week	Day	Blue Band Allergens	Green Band Allergens	Yellow Band Allergens	Dessert/Starter Allergens
Week 1	Monday	Fish, Wheat (Gluten)	Wheat (Gluten)	Wheat (Gluten)	None (melon)
	Tuesday	None	None	Fish, Wheat (Gluten), Soy	Milk, Wheat (Gluten), Egg
	Wednesday	Wheat (Gluten), Egg, Milk (Yorkshire pudding, stuffing)	Wheat (Gluten), Egg, Milk	N/A	Wheat (Gluten), Egg, Milk
	Thursday	Wheat (Gluten), Milk, Egg, Soya	Wheat (Gluten), Egg, Milk	Milk, Wheat (Gluten)	Wheat (Gluten), Milk (custard if served)
	Friday	Wheat (Gluten), Milk	Wheat (Gluten), Milk	Egg, Wheat (Gluten)	Wheat (Gluten), Egg, Milk

Week	Day	Blue Band Allergens	Green Band Allergens	Yellow Band Allergens	Dessert/Starter Allergens
Week 2	Monday	Wheat (Gluten), Celery (possible)	Wheat (Gluten)	Milk, Wheat (Gluten)	None (melon)
	Tuesday	Egg	Egg, Milk, Sulphur Dioxide	Fish, Egg, Wheat (Gluten)	Wheat (Gluten), Egg, Lupin, Milk
	Wednesday	Wheat (Gluten), Egg, Milk	Milk, Wheat (Gluten), Egg, Soya	N/A	Wheat (Gluten), Egg, Milk
	Thursday	Wheat (Gluten), Milk	Wheat (Gluten), Milk, Egg	Milk, Egg	Wheat (Gluten) (breadsticks),
	Friday	Fish, Wheat (Gluten)	Wheat (Gluten), Milk, Soya	Milk, Wheat (Gluten)	Wheat (Gluten), Egg, Milk

Week	Day	Blue Band Allergens	Green Band Allergens	Yellow Band Allergens	Dessert/Starter Allergens
Week 3	Monday	Wheat (Gluten), Sulphites (possible in sausages), Milk	Wheat (Gluten), Milk	Fish, Egg	None (melon)
	Tuesday	Wheat (Gluten), Milk, Soya	Wheat (Gluten), Milk, Soya	Wheat (Gluten), Milk	Wheat (Gluten), Oats, Milk
	Wednesday	Wheat (Gluten), Egg, Milk	Wheat (Gluten), Egg, Milk	N/A	Wheat (Gluten), Egg, Milk
	Thursday	Milk, Celery (possible in gravy), Sulphur dioxide	Wheat (Gluten), Milk	Milk, Wheat (Gluten)	Sesame (hummus)
	Friday	Wheat (Gluten)	Wheat (Gluten), Egg, Milk	Wheat (Gluten), Milk	None

Menu Item Indicator	Contains
Gluten	Bread, pasta, pizza, wraps, crackers, Yorkshire puddings, stuffing, cakes, garlic bread
Milk	Cheese, custard, creamy sauces, macaroni cheese, dairy desserts
Egg	Egg mayo, scrambled egg, Yorkshire puddings, some cakes and desserts
Fish	Fish fingers, breaded fish, salmon noodles, tuna mayo
Soy	Soy and ginger sauce, some processed products
Sesame	Homemade hummus
Celery	Some gravies, stocks and sauces
Sulphites	Some sausages, pickles and processed meat products

Disclaimer: All meals are prepared in a kitchen where allergens are present. Cross-contamination cannot be completely excluded. Parents of children with food allergies should contact the school catering team for detailed ingredient information and allergen advice.