

MUSCLIFF PRIMARY SCHOOL



Inter-House Competitions

Competitions 2021/22:

- Orienteering
- Bench ball
- Football
- Disc-Golf
- Ultimate Team Games
- 'Commonwealth' Sports Day - Athletics

Aims

By introducing half termly inter-house events, our main aims were to:

1. Provide healthy and inclusive competition for all.
2. Promote our school values: Aspiration, Curiosity, Kindness, Resilience and Responsibility.
3. Encourage a variety of sporting activities allowing children to develop and discover interests, leading to increased club participation.
4. Improve teamwork, teaching children to respect the rules and manage the emotions of winning and losing.
5. Create a sense of togetherness across school where children in different year groups can discuss their experiences.
6. Utilise Sport Leaders to run competitions where they act as role models for younger children.

Impact

1. Provide healthy and inclusive competition for all.

- All children in Years 1-6 participated in all 6 inter-house events.
- Reception children were introduced to events in the summer term.
- 90% of children said that they enjoy the inter-house competitions.
- 56% of children said that inter-house events have a positive impact on their mental health.

2. Promote our school values.

KS2 children reflected on the impact inter-house competitions have had.

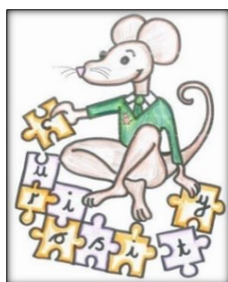
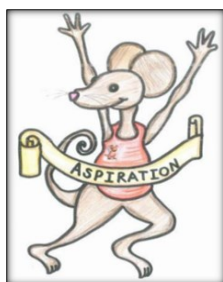
69% said that they have got better at sport. - **Aspiration**

82% said that they have tried new things. - **Curiosity**

54% said that they are now a better team player and communicate well. - **Kindness**

45% said that they have an improved 'I can' attitude. - **Resilience**

44% said that they have learned skills of fair play and honesty. - **Responsibility**



3. Encourage a variety of sporting activities allowing children to develop and discover interests, leading to increased club participation.

After each inter-house competition, children and parents were provided with information for exit routes and information for external local clubs so that children could participate further outside of school should they wish.

At Muscliff, 28 different extra-curricular clubs were on offer this year including archery, basketball, dance, fencing, football and many more. It is believed that participation in clubs rose due to children's positive experiences of inter-house competitions and increased confidence in trying something new.

- KS2 children: Autumn 43%, Spring 56%
- KS1 children: Autumn 23%, Spring 52%



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4. Improve teamwork, teaching children to respect the rules and manage the emotions of winning and losing.

Teachers were asked for their observations during inter-house competitions. They reported that:

- Children were respectful of the referees' decisions.
- Children were better at managing emotions of winning and losing.
- Children played fairly and reported scores with honesty.
- Children played well in teams, encouraging each other to do their best.
- Children understood the importance of fair play and the focus was on participation and enjoyment rather than winning.

5. Create a sense of togetherness across school where children in different year groups can discuss their experiences.

At the beginning of each half term, the chosen sporting activity is shared with the children. They get excited to compete and score points for their house. After practising the skills needed for the event in PE lessons, each class competes and the scores are added up. In assembly, the winners are celebrated along with the core values displayed.

"I like being able to talk about the inter-house competitions with my older sister. She tells me what it's like so that I know [what to expect] when it's my turn." - Year 2 child

6. Utilise Sport Leaders to run competitions where they act as role models for younger children.

"The Sports Leaders are amazing. My class love listening to them. It makes the inter-house competitions seem more important and the children love that it's something different." - Year 3 teacher

"We don't get to mix with the older children much so I like it when they help us with the competitions. I want to be a Sports Leader when I'm older." - Year 3 child

"Being a Sports Leader and helping out with the inter-house competitions has made me more confident. I can't wait to be involved in school sport at secondary school." - Year 6 Sports Leader



Sports Leaders with Year 3 during The Ultimate Team Games

What next?

After a successful first year, the half termly inter-house competitions will continue in 2022/23 with a few actions to develop the programme further:

- Make changes in response to feedback about some events needing more differentiation for children in KS1.
- Ensure children are able to perform to their best ability. All children will be provided with opportunities to practice skills in the lead up to competitions.
- Develop talented athletes. Additional inter-house events will be added to the calendar and take place after school specifically aimed at high performance.
- Monitor the uptake of sporting clubs outside of school with a particular interest in the exit routes and club links provided by school.

For further information about PE and Sport at Muscliff, visit www.muscliffprimary.co.uk/physical-education